

SOUP FOR THE SOUL

Soup of the day

Bowl (served with sliced bread)	7.95
Bread boule	8.95

Bump and a cup

9.95

A cup of soup of the day and a half sandwich with lettuce and tomato on white or wheat bread with a side of chips. Choose chicken salad, BLT or egg salad.

WIDE WORLD OF WRAPS

All wraps are served with chips and pickle spear. Other options include: pasta salad or vegetables and dip // French fries +2.50
ADD A CUP OF SOUP = +4.00

Oakridge

11.95

Chopped grilled chicken breast, lettuce, celery, carrot and bacon with a Parmesan peppercorn ranch sauce, rolled in a flour tortilla. Ask for it buffalo style

Mackinac

10.95

Smoked turkey, mixed greens, carrot, craisins, tomato, chopped nuts and raspberry mayo sauce rolled in a flour tortilla

Rhode Island Veggie ♡ ♻️

9.95

Mixed greens, tomato, carrot, cucumber, mushroom, and cheddar cheese with balsamic ranch sauce wrapped in a flour tortilla

Klondike Fish Wrap

11.95

Golden Cod, lettuce and crunchy coleslaw with our sweet chili ranch sauce wrapped in a flour tortilla

Amarillo Turkey Club

10.95

Flour tortilla topped with smokey BBQ mayo, lettuce, tomato, cheddar cheese, bacon and smoked turkey breast

Columbus Ham Club

10.95

Sliced ham, bacon, lettuce, tomato and white cheddar cheese with mayo wrapped in a flour tortilla

Baja Vegetable ♻️

11.95

Sautéed vegetables, black bean corn salsa, baja rice, cheddar cheese and fat free sour cream wrapped in a flour tortilla

Greek Beef Wrap

11.50

Shredded roast beef, spinach and tomato with a cucumber ranch sauced wrapped in a flour tortilla

SALADS

Dressings: 1000 island, Caesar, fat free French, fat free ranch, Italian, peppercorn ranch, raspberry vinaigrette, roasted garlic vinaigrette and sun-dried tomato basil

Bread +1.00

Saginaw Spinach Salad ♡ **GF** **9.95**

Fresh clipped spinach, diced apple, pecans, cucumber, carrot and crisp bacon with poppy seed dressing

ADD CHICKEN = +2.00

Captain Salad **GF** **11.95**

Mixed greens tossed with sliced ham, turkey, hard boiled egg, bacon, carrot and cucumber with dressing of your choice

Asian Chop **11.95**

Mixed greens, Napa cabbage, carrots, pecans, sesame seeds and fried wonton strips with orange vinaigrette

TexMex Chicken Salad **GF** **11.95**

Mixed greens topped with grilled chicken breast, black beans, corn, diced tomato, and cucumber with peppercorn ranch

PANINIS

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Palermo Melt **14.95**

Grilled Italian sausage, shredded beef, tomato sauce and provolone cheese grilled hot on country Italian

58th Street Reuben **11.50**

Shredded roast beef, tangy sauerkraut, 1000 island dressing and melted Swiss cheese on toasted marble rye

Campagnola **11.50**

Grilled chicken breast, mixed greens with a splash of roasted garlic vinaigrette, provolone cheese and pesto mayo grilled hot on country Italian

Chicken Florentine ♡ **11.50**

Grilled chicken breast, spinach sautéed in garlic, provolone cheese and pesto mayo grilled golden on ciabatta bread

Farmhouse Chicken **11.50**

Grilled chicken breast, bacon, cheddar cheese and a slather of BBQ mayo grilled hot on country Italian

Gibbsville Ham **10.95**

Grilled ham, sliced apple, bacon, honey Dijon mustard, sautéed onion and American cheese melted hot on sourdough

Roma **10.95**

Sliced tomato, provolone cheese, mixed greens, roasted garlic vinaigrette and pesto mayo grilled hot on country Italian

SAVORY SANDWICHES

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Grandma's Famous Chicken Salad 🍷 **10.95**

Chopped chicken breast combined with a blend of mayo and secret seasonings with a delicate crunch of celery served on a milano roll or in a bread boule

Crispy Chicken BLT **11.95**

Crispy chicken, bacon, lettuce, tomato and honey mustard on a warm pub bun

Shanty Fish Sandwich **11.95**

Golden Cod, lettuce, cheddar cheese and tartar sauce on a warm pub bun

Turkey Focaccia **11.50**

Shaved turkey breast, lettuce, cucumber, tomato, provolone cheese and pesto mayo with a splash of garlic vinaigrette on asiago focaccia

Tuscan Chicken 🍷 **11.95**

Grilled chicken breast with pesto mayo, tomato, mixed greens and roasted garlic vinaigrette on asiago focaccia

Oklahoma Philly **12.95**

Shaved roast beef, sautéed onion, peppers and melted white cheddar cheese on French bread

Hayward Ham **11.50**

Sliced ham, lettuce, tomato, cheddar cheese with mayo or mustard on toasted sourdough or marble rye

Multi-grain Turkey Avocado **11.95**

Sliced turkey, tomato, avocado, bacon, lettuce and a sun-dried tomato mayo on toasted 8 grain wheat

BURGER WORLD

Varsity Burger **12.95**

Grilled burger, melted cheese, lettuce, pickles, mayo and ketchup on a warm pub bun

Three River Cheeseburger **12.95**

Grilled burger, provolone, cheddar and white cheddar cheese, sautéed onions with pickle and 1000 island dressing on a pub bun

PASTA

Pasta Bianca	11.50
Mushrooms, spinach, tomato and garlic tossed with pasta of the day in our Parmesan Alfredo sauce	
Pasta Marco	12.95
Italian sausage, broccoli, a pinch of red pepper flakes tossed with pasta of the day in a garlic butter sauce	

I CARUMBA CORNER

Atlantis	14.95
Pan seared salmon served on a salad of mixed greens and grape tomatoes finished with vinaigrette	
Chi-town Stir Fry 🍌 🌱	10.50
A mix of fresh vegetables quick stir fried tossed with long grain rice in our stir fry sauce	
ADD BEEF, CHICKEN or ITALIAN SAUSAGE = +3.00	
Burbank Chicken Tacos (2)	11.95
Crispy fried chicken, lettuce, pico de gallo and avocado crema served on flour tortillas	
Boston Fish Tacos (2)	11.95
Golden battered Cod, lettuce, black and corn relish with a sweet chili ranch sauce served on flour tortillas	
Buenas Shrimp Tacos (2)	11.95
Fried gulf shrimp, lettuce, pico de gallo with ancho salsa ranch served on flour tortillas	

KIDDOS

Kids 12 and under.

Served with a side of kettle chips or apple slices

Drink +1.00

French Fries +1.50

Grilled Cheese	6.00
Grilled Ham & Cheese	7.00
Chicken Tenders	6.00
Pasta Marinara (no side)	6.00